

## Outdoor Education General Guidelines

1. All Howard County School System and Mount View Middle School rules and policies apply at all times during the Outdoor Education field trip.
2. Students will exhibit their best behavior. Students must remain with their groups and adult volunteer. Should it become necessary, parents/guardians will be called and students will be sent home. No money will be refunded in such cases.
3. All medicine MUST be in a pharmacy container with a medication form and must be dropped off to the school health room by May 2nd. No medications will be accepted after this date. If your child is sick the weekend before, please meet in the health room at 7:30 am Monday May 19<sup>th</sup>. You must have the medication along with the medical forms and doctors signature. (Form can be found on the MVMS website) STUDENTS ARE NOT ALLOWED TO CARRY MEDICINE! Parents attending ODE can pack their child's medicine.

### Mount View Outdoor Education Packing List

**The following is a suggestion list. Please check the weather forecast before the trip and pack accordingly. We have had all types of weather! \*\*\*Label all belongings (luggage, cameras, etc.)\*\*\***

#### **Required Items:**

Sleeping Bag (or sheets and blanket)	Pajamas or appropriate sleepwear
Pillow	Rain Poncho!!
Twin size fitted sheet (to cover mattress)	Hat
Long pants	Extra pair of tennis shoes
Shorts	Toothbrush and toothpaste
Short sleeve shirts	Soap and Shampoo
Long sleeve shirts	Bath Towel and Washcloth
Sweatshirts, sweater or jacket	Comb/brush
Tennis shoes	Deodorant
Socks	Sunscreen
Under garments	Insect repellent

#### **Optional Items:**

Camera and film  
Watch  
Book or magazines to read  
Shower shoes or flip-flops

#### **Do not bring:**

No electronics (Ipods, gameboys, cell phones, CD players, etc.)  
Matches  
Food (We have students with severe food allergies. Please abide by this rule!)  
Gum/candy  
Money  
Curling irons  
Weapons/firearms  
Knives (including pocket knives for fishing)  
Umbrella  
Flashlight (parents only)

